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## About the Presenter

**Margaret E. Blaustein, Ph.D.**, is the Director of Training and Education at The Trauma Center at JRI in Brookline, MA. Dr. Blaustein is a practicing clinical psychologist who specializes in the assessment and treatment of complex childhood trauma.

She is co-developer of the Attachment, Self-Regulation, and Competency (ARC<sup>®</sup>) treatment framework, designated a promising practice for treatment of childhood trauma by the National Child Traumatic Stress Network. She has provided extensive didactic and interactive training to clinicians, educators, professionals, and consumers regarding the impact of and intervention for childhood onset trauma.

In addition to clinical practice, Dr. Blaustein is involved in research on the impact of trauma on both children and adults, is a member of the Complex Trauma Taskforce of the NCTSN, and is past Chair of the Child Trauma Special Interest Group within the International Society for Traumatic Stress Studies (ISTSS).

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## HCRS Children's Program Training Series

The Children's Program of HCRS is pleased to present the Child and Family Training Series, an annual clinical training program presented in August before the start of school.

We identify major clinical needs of our staff and the community of professionals working with youth, and we bring in national speakers to address the systemic and clinical issues that are most pressing. Any questions or suggestions for future speakers should be addressed to Will Shakespeare, Children's Program Director, 254-7500, ext 1116.

## HCRS Children's Program Office Locations

### Springfield (Headquarters)

390 River Street  
Springfield, VT 05156  
(802) 886-4580

### Bellows Falls

1 Hospital Court, Suite 2  
Bellows Falls, VT 05101  
(802) 463-3532

### Brattleboro

51 Fairview Street  
Brattleboro, VT 05301  
(802) 254-7500

### Hartford

49 School Street  
Hartford, VT 05047  
(802) 295-3031

*Accredited by the Joint Commission on Accreditation of  
Healthcare Organizations (JCAHO)*

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**The Children's Program  
of HCRS is pleased to  
sponsor a workshop by**

**Margaret  
Blaustein, Ph.D.**

**Attachment,  
Self-Regulation  
& Competency  
(ARC)  
A Framework for  
Intervention with  
Complexly Traumatized  
Youth**

**Latchis Theater  
Brattleboro, Vermont  
August 24-25, 2009  
9:00 am – 4:30 pm**

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## Workshop Information

**Location:** Latchis Theater, Brattleboro, VT

**Dates:** Monday and Tuesday,  
August 24 - 25, 2009

**Times:** 9:00 am – 4:30 pm (there will be  
a one hour lunch break at noon  
each day - lunch is on your own)

**Rate:** \$150.00 per person

**11 CE credits available**



## Location

The ARC workshop will be held at the Latchis Theater located at 50 Main Street in Brattleboro, Vermont. Parking is available in the adjacent municipal garage. You can contact the Latchis Hotel for rates and reservations at (802) 254-0300 or online at [www.Latchis.com](http://www.Latchis.com).

## Attachment, Regulation, and Competency (ARC):

### A Framework for Intervention with Complexly Traumatized Youth

This workshop is designed for clinicians and professionals working with children and their caregiving systems who have been exposed to complex trauma. Participants will receive intensive training in the core components of the ARC model.

Developed as an adaptable treatment approach, ARC identifies three core domains that are frequently impacted among traumatized youth, and which are relevant to future resiliency. For each building block, ARC provides key concepts and guiding theoretical structure, educational information for providers and caregivers, specific tools for clinicians, and developmental considerations.

This workshop will discuss a framework for intervention (ARC<sup>®</sup>, Kinniburgh & Blaustein, 2004) designed as an individually tailored model drawing from evidence-based practice as well as the treatment modalities most commonly used by clinicians to address the multiple individual, familial, and systemic needs of this population.

## Registration and Policies

To register, please send the following information along with a check payable to HCRS for the full fee. Registration will be confirmed when payment is received. Space is limited, and registration will be on a first come, first served basis.

Name: \_\_\_\_\_

Degree: (for CEU credit) \_\_\_\_\_

License #: \_\_\_\_\_

Email: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Address: \_\_\_\_\_

**I am registering for the ARC workshop in  
Brattleboro, Vermont.**

Please submit to:  
HCRS  
Attn: Cheryl Cleveland  
51 Fairview Street  
Brattleboro, VT 05301  
(802) 254-6028  
Fax: (802) 254-7501